

Effect of dietary probiotics and prebiotics on the growth performance and meat quality of Ile-de-France lambs

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Abstract

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The research study was conducted in the sheep farm of the Agricultural Institute – Stara Zagora. It included 45 Ile-de-France lambs divided into three groups with 15 animals each: one control and two experimental.

The lambs from experimental group I were individually supplemented with 8 g Immunobeta prebiotic on a daily basis, whereas lambs from experimental group II received the same amount of prebiotic plus 4 g Zoovit probiotic.

The following parameters were monitored – live body weight at the beginning and the end of the experiment, daily weight gain and slaughter age in days. The experiment lasted until a live weight of 23–25 kg was attained. Then 5 male lambs from each group were slaughtered, samples from *musculus Longissimus Lumborum* were collected and meat chemical composition and technological properties were analyzed.

It was demonstrated that the weight gain of lambs from experimental group I was by 21.74% ($P \leq 0.01$) higher, and that of lambs from experimental group II: by 17.39% ($P \leq 0.01$) higher compared to controls. Both supplemented groups attained slaughter live weight over a shorter period compared to the control group ($P \leq 0.001$). The meat WHC was lower in the two experimental groups vs controls, indicating that the loss of moisture from m. LL meat in these groups was higher than that of controls. In summary, the study allowed concluding that the dietary supplementation of lambs with 8 g Immunobeta prebiotic and 4 g Zoovit probiotic + 8 g Immunobeta prebiotic had a beneficial effect on the growth performance of animals.

Keywords: Ile de France; probiotics and prebiotics; meat quality

Introduction

The use of antibiotics in livestock husbandry dates back to more than a century (Kumar et al., 2020), both for treatment or prevention of various illnesses and with non-therapeutic purposes (Khare et al., 2018; Berge et al., 2005; Dibner & Richards, 2005). The emergence of antimicrobial resistance consequently to the non-prudent use of antibiotics (Humayun Kober et al., 2022; Urban-Chmiel et al., 2021; Kumar et al., 2020; Vidovic & Vidovic, 2020; Khare et al., 2018; Economou & Gousia, 2015) and the ban for application of antibiotics in the EC as growth promoters has necessitated a quest of their alternatives. According to literature data, vari-

ous biologically active substances (probiotics, prebiotics, synbiotics and postbiotics) are some of growth promoting alternatives of antibiotics (Zhou et al., 2023; Khare et al., 2018; Adhikari & Kim, 2017).

The term “probiotic” was first introduced by Parker (1974). The definition of FAO and WHO for probiotics says that they are “live microorganisms that, when administered in adequate amounts, confer a health benefit on the host”. The definition is approved by the International Scientific Association for Probiotics and Prebiotics (ISAPP) in 2013 (Hill et al., 2014). Probiotics are live microbial additives beneficial for the host through improvement of microbial balance of its intestinal tract. The term “probiotic” means literally

“for life” contrary to that of antibiotic: “against life” (Khare et al., 2018).

Gibson and Roberfroid (1995) defined prebiotics as „nondigestible food ingredients that beneficially affect the host by selectively stimulating the growth and/or activity of one or a limited number of bacteria in the colon, and thus improve host health”. FAO/WHO determines prebiotics as non-viable food components that confer a health benefit on the host associated with modulation of the microbiota (Pandey et al., 2015). The authors affirm prebiotics as a group of various carbohydrate components with poorly understood origin, fermentation profiles and effective doses with respect to host microbiota.

Probiotics and prebiotics modulate the balance and activity of gastrointestinal microbiota and may be used as functional foods (Uyeno et al., 2015). The authors further stated that the most frequently used probiotics are lactic bacteria strains from the *Lactobacillus*, *Enterococcus* and *Bifidobacterium* genera. Among prebiotics, carbohydrate substrates, e.g. oligosaccharides or poorly digestible dietetic fibres are the most commonly used (Uyeno et al., 2015). Through various mechanisms, both prebiotics and probiotics as dietary components improve intestinal health, immune system function and the growth performance of animals (Adhikari & Kim, 2017).

According to numerous researchers, probiotics reduce morbidity and mortality rates in animals, increase weight gain and slaughter yields and have a positive effect on pork and lamb quality (Liu et al., 2022; Al-Shawi et al., 2020; Dimova et al., 2013; Antunovic et al., 2006; Jukna et al., 2005).

The aim of the present study was to evaluate the effects from dietary supplementation of Ile-de-France lambs with the Immunobeta prebiotic and the combination of Zoovit probiotic + Immunobeta prebiotic with regard to growth performance and *musculus Longissimus Lumborum* (*m. LL*) meat quality.

Material and Methods

The experiments were performed in the sheep farm of the Agricultural Institute, Stara Zagora, Bulgaria with 45 Ile-de-France lambs (IIF) divided into 3 groups of 15 animals each – one control and two experimental. The three groups were with similar initial live body weight, sex ratio and birth type.

All lambs were reared in group boxes supplied with feeders for hay and concentrate and drinkers with constant access to fresh tap water as stipulated by Ordinance No 40 on the conditions for raising of agricultural animals, considering their physiological and behavioural characteristics. The lambs were fed *ad libitum* (+ 5 to 10% residue) a ration cor-

responding to their age that met all requirements for nutrients and biologically active substances. The ration included concentrate and alfalfa hay (Table 1).

Table 1. Compound feed composition for feeding IIF lambs

Ingredients	%
Soybean meal	4.00%
Limestone	3.00%
Salt	0.50%
Wheat	42.00%
Premix -16-97-K	0.20%
Sunflower meal	20.00%
Maize	30.30%

The compound feed contained 15.90% protein, 5.43% fibre, 2.40% fat, 1.12 units for growth and 2778.25 Kcal/kg energy.

The animals from experimental group I were individually supplemented once daily with 8 g prebiotic Immunobeta, and those from experimental group II: with the same amount of the prebiotic plus 4 g probiotic Zoovit.

The following parameters were monitored – live body weight at the beginning and the end of the experiment, daily weight gain and slaughter age of lambs in days. The trial lasted until a live weight of 23–25 kg was attained. After that, 5 male lambs from each group were slaughtered in a licensed slaughterhouse in the Stara Zagora region observing all requirements for humane handling of animals during transport and slaughtering according to Ordinance No 26 on the conditions for the protection and welfare of animals during their transport and Ordinance No 22 on minimisation of animal suffering during slaughter or killing. The slaughter live weight, hot carcass weight and slaughter yield were determined. The slaughter carcass was cut into two parts and the weight of the left half was measured. Samples from *m. LL* were collected from all animals, transported in a cool bag, stored at 0–4°C and analysed within 24 h post slaughter. The chemical composition and technological properties of meat samples were analysed. Meat pH was measured on Testo 205 pH-meter. The water holding capacity (WHC) of meat was evaluated by the classical pressing method of Grau & Hamm (1953). Cooking loss was determined by roasting a meat sample at 150°C for 20 min in a convection oven. Cooking loss percentage was calculated as the difference in sample weight prior to and after roasting. Meat tenderness was determined with DSD VEB Feinmess penetrometer (Dresden, Germany) and reported in penetrant degrees – °P. Meat colour was determined in the CIE L*a*b colour space. To this end, CIE L*a*b* coordinates were determined with Mi-

nolta CR400 colorimeter (Konica Minolta, Osaka, Japan) in D65 illuminant at 2-degree angle. The water content of meat was determined by drying in a dryer at 105°C as per BSS 15437:1982. The protein content of meat was determined as per BSS 9374:1982 by means of automatic Kjeldahl Distiller 149 VELD Scientifica, Italy. Fat content was determined by Soxhlet extraction as per BSS 8549:1992. Mineral content was determined by the method described in ISO 936:1998 after ashing meat samples in a muffle furnace.

The results were processed by STATISTICA for Windows with the t-test for independent samples.

Results and Discussion

Table 2 presents the data about the growth performance of IIF lambs fed concentrate ration supplemented with probiotics and prebiotics. The initial average live weight of control lambs was 8.43 kg, of the group supplemented with Immunobeta – 8.50 kg, and of the group that received Zoovit + Immunobeta – 8.17 kg. The live weight at the beginning of the experiment was as equal as possible, as did sex and birth type ratios. The highest live weight at the end of the experiment was recorded in experimental group II – 26.08 kg, whereas that of experimental group I and control group were 25.07 kg and 23.27 kg on the average. The final body weight of the two supplemented groups exceeded that of controls by 7.74% (experimental group I) and by 12.08% (experimental

group II). The differences were not statistically significant. Hussein (2014), Antunovic et al. (2006) and Antunovic et al. (2005) also found out higher final live weight in probiotic-supplemented lambs compared to control lambs.

The average daily weight gain was the highest in lambs from experimental group I compared to untreated controls. The average daily weight gain was the highest in experimental group I – 0.28 g/day, followed by animals from experimental group II with 0.27 g/day; the lowest daily weight gain of 0.23 g/day was recorded in controls ($P \leq 0.01$). Our data corresponded to those reported by Hussein (2018) and Dimova et al. (2013). The average daily weight gain in experimental groups I and II was increased by 21.74% and 17.39% vs the control group. Control lambs attained the slaughter live weight after the longest time period – 97.33 days as compared to lambs from experimental groups I and II: 69.00 and 82.00 days ($P \leq 0.001$).

According to a number of authors, the addition of probiotics prevents digestive disorders in lambs (Abd El-Tawab et al., 2016; Ezema, 2013) which has a positive effect on weight gain and the final live weight of animals.

Data from Table 3 demonstrate that the highest average slaughter live weight of 26.08 kg was that of lambs from experimental group II and the controls had the lowest average live weight – 23.27 kg. The average slaughter live weight of experimental group I was 25.07 kg. The hot carcass weight was the highest in experimental group II, followed by lambs

Table 2. Growth abilities of IIF lambs supplemented with Immunobeta prebiotic and combination Zoovit probiotic and Immunobeta prebiotic

Parameters	Groups of animals						
	Control group -a		I experimental group -b		II experimental group -c		Significant
	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$	
Live weight at birth, kg	5	3.83±1.61	5	5.50±0.50	5	3.38±0.76	NS
Live weight at start of experience, kg	5	8.43±1.37	5	8.50±0.50	5	8.17±1.61	NS
Live weight at the end of experience, kg	5	23.27±1.10	5	25.07±0.50	5	26.08±0.88	NS
Average daily growth, g/day	5	0.23±0.03	5	0.28±0.01	5	0.27±0.12	a:b**, a:c**
Age at slaughter, days	5	97.33±1.53	5	69.00±1.00	5	82.00±1.73	a:b***, a:c***

** – $P \leq 0.01$, *** – $P \leq 0.001$, NS – Not Significant

Table 3. Slaughter traits of IIF lambs, supplemented with Immunobeta prebiotic and combination Zoovit probiotic and Immunobeta prebiotic

Parameters	Groups of animals						
	Control group -a		I experimental group -b		II experimental group -c		Significant
	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$	
Live weight before slaughter, kg	5	23.27±1.10	5	25.07±0.50	5	26.08±0.88	a:c*
Weight of warm carcass, kg	5	11.71±1.21	5	13.11±0.56	5	13.12±0.80	NS
Slaughter yield, %	5	50.25±4.05	5	52.30±1.17	5	50.29±1.54	NS
Weight of left half, kg	5	6.05±0.45	5	6.54±0.36	5	6.72±0.39	NS

* – $P \leq 0.05$, NS – Not Significant

from experimental group I and controls: 13.12 kg, 13.11 kg and 11.71 kg, respectively. The highest slaughter yield was established in lambs from experimental group I – 52.30%, whereas slaughter yields of controls and experimental group I were similar: 50.25% and 50.29%, respectively. The between-group differences of parameters listed in Table 3 were not statistically significant.

Data about the technological properties of *m. LL* are presented in Table 4. Meat pH values ranged within a narrow range, from 5.47 in experimental group II to 5.50 in experimental group I. The differences were inconsistent. Soumei et al. (2021) and Chen et al. (2018) did not detect any changes in meat pH from broiler chickens and ducks, supplemented with probiotic and synbiotic. Similarly, Gomes et al. (2009) found no differences in the meat of ruminants supplemented with yeasts. The meat WHC varied among the three groups. In lambs from experimental group I average WHC was 19.25%, in experimental group II – 17.63%, and in controls: 12.32%. Therefore, moisture loss from *m. LL* in experimental groups I and II was greater than that of controls.

The difference between controls and experimental group I was significant at $P \leq 0.001$, whereas that between experimental group II and controls: at $P \leq 0.01$. With regard to meat colour, the colour coordinates values (L^* , a^* and b^*)

varied within a small range without statistically significant between-group differences. Hussein et al. (2020), Maiorano & Bednarczyk (2016) and Gomes et al. (2009) also detected no consistent differences in broiler and beef meat colour following dietary supplementation with probiotic. Liu et al. (2022) demonstrated that the intake of probiotics resulted in reduction of lamb L^* values. According to our results, the lambs from experimental group I were outlined with the most tender meat – 322.20 °P, while the meat of controls and experimental group II had comparable average tenderness values: 286.56 °P and 286.40 °P respectively. The differences were not significant. Other researchers reported statistically significantly higher pork tenderness after dietary supplementation with probiotic (Gomes et al., 2009; Jukna et al., 2005). Cooking loss of *m. LL* samples varied within a narrow range and differences among the three groups were irrelevant.

The chemical composition of *m. LL* from lambs fed concentrate and supplemented with probiotics and prebiotics is shown in Table 5. Meat moisture values of *m. LL* in the control group and experimental groups I and II were similar: 76.92%, 76.99% and 77.05%. The protein content in meat also varied within a narrow range: 19.37%, 19.03% and 19.38% for controls, experimental groups I and II. Fat

Table 4. Technological properties of meat from *m. LL* of IIF lambs supplemented with Immunobeta prebiotic and combination Zoovit probiotic and Immunobeta prebiotic

Parameters	Groups of animals						Significant	
	Control group -a		I experimental group -b		II experimental group -c			
	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$		
pH ₂₄	5	5.48±0.05	5	5.50±0.03	5	5.47±0.04	NS	
WHC, %	5	12.32±2.22	5	19.25±3.24	5	17.63±3.62	a:b***, a:c**	
Color	L^*	5	44.09±1.52	5	44.14±2.48	5	44.06±1.43	NS
	a^*	5	16.23±1.02	5	16.46±1.11	5	16.50±2.85	NS
	b^*	5	7.17±1.22	5	8.65±1.90	5	7.48±2.80	NS
Tenderness, °P	5	286.56±63.91	5	322.20±69.97	5	286.40±68.79	NS	
Cooking loss, %	5	32.12±6.49	5	37.04±3.91	5	35.65±5.79	NS	

** – $P \leq 0.01$, *** – $P \leq 0.001$, NS – Not Significant

Table 5. Chemical composition of *m. LL* from IIF lambs supplemented with Immunobeta prebiotic and combination Zoovit probiotic and Immunobeta prebiotic

Parameters	Groups of animals						Significant
	Control group -a		I experimental group -b		II experimental group -c		
	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$	n	$\bar{x} \pm SD$	
Moisture, %	5	76.92±1.11	5	76.99±0.28	5	77.05±0.12	NS
Dry matter, %	5	23.08±1.11	5	23.01±0.27	5	22.95±0.12	NS
Protein, %	5	19.37±0.82	5	19.03±0.19	5	19.37±0.31	NS
Fat, %	5	2.51±0.33	5	2.91±0.37	5	2.31±0.54	NS
Minerals, %	5	1.20±0.20	5	1.07±0.10	5	1.27±0.15	NS

NS – Not Significant

content of meat was the highest in experimental group I – 2.91%, followed by controls (2.51%) and experimental group II (2.31%). Gomes et al. (2009) found no differences in beef fat content after yeast supplementation. Titi et al. (2008) demonstrated that yeast supplements reduced the protein content yet increased fat content of slaughter carcasses of Awassi lambs, and Shami kids. Ragheb et al. (2007) observed insignificantly higher meat fat and dry matter in the group supplemented with 3 g probiotic. Hamdon & Farghaly (2016) and Milewski & Zaleska (2011) also found out that animals supplemented with probiotic had statistically significantly higher meat fat content than non-supplemented controls. In this study, the registered average mineral content of meat in controls was 1.20% vs 1.07% for the probiotic-supplemented group. Similar data about significantly lower mineral content in animals after probiotic intake vs untreated animals were reported by Ragheb et al. (2007).

Conclusion

The results from the present study demonstrated the next.

The general health status of IIF lambs that received a dietary daily supplement of 8 g Immunobeta prebiotic and the combination of 4 g Zoovit probiotic + 8 g Immunobeta prebiotic was better, without signs of digestive disorders unlike the lambs from the control group.

The lambs supplemented either with the Immunobeta prebiotic or the Zoovit probiotic + Immunobeta prebiotic had a statistically significantly higher slaughter live weight than controls by 7.74% and 12.08%, respectively.

The daily weight gain of lambs supplemented with the Immunobeta prebiotic was increased by 21.74% vs controls, while the weight gain of lambs that received Zoovit + Immunobeta: by 17.39% than that of untreated lambs. Furthermore, the animals supplemented with either prebiotic and probiotic + prebiotic attained the slaughter live weight over a considerably shorter period of time.

The values of WHC of *m. LL* in IIF lambs from experimental group I and II demonstrated a statistically significantly higher average moisture loss (19.24% and 17.63%) than that of meat from control animals: 12.32%.

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